CHILD WELFARE STAFF

CAPTURING THE ESSENCE OF YOUTHS' STORIES

Child Welfare Staff, if you:

- Would like to know more about the laws and requirements around Lifebooks and Social Medical Histories.

- Have heard about Lifebooks, but don't know much about them.

- Wish there was more time to share children's history with them, now and in the future.

- Would like to have more ways encourage families to prioritize preserving children's history.

- Want what's best for kids, but don't know where to start.

Then this training is for you.

POWER OF STORY

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This live 2-hour training is where best practice, research, and good social work come together in this interactive and data-driven Lifestory work training for permanency and child protection staff. Workers will be equipped to be a part of a young person's healing through Lifebook and Social Medical Histories.

We will hear from youth, discuss the legal requirements and review the research around the importance of this work.

We will also discuss many practical tips, including how to stretch budgets and find time to complete this work, review some hands-on tools you can use with young people, talk about how to include youth in the process and get birth, foster, and adoptive parent buy-in. Lastly, we will view an example of a Lifebook and Social Medical History.

*2-hour training certificate provided after an evaluation is received.

AN LIFEBOOK… ACTS AS THE SINGLE MOST MEANINGFUL PIECE OF "PAPERWORK" THAT ANY SOCIAL WORKER CAN COMPLETE.

BETH O'MALLEY, ADULT ADOPTEE

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Together we will:

- Learn from one another and the expertise in the room
- Renew our empathy for those we serve
- Review current research and best practice
- Review how we train parents, with resources you can share with families

Learn:
- Ways to capture foster youth and adoptees' story
- About the benefits of capturing the essence of their story
- The laws are around Social Medial Histories and Lifebooks in Minnesota
- About Power of Story's person-centered, Specialized, and research-driven model

Practical tips:
- How to stretch budgets
- How to find time to complete this work
- Hands-on tools you can use with young people
- How to include youth in the process
- How to get birth, foster, and adoptive parent buy-in
- View examples of a Lifebook and Social Medical History, and get recommendations on how to bring these to the families you work with

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AN ADOPTION LIFEBOOK TELLS MORE THAN A LIFE STORY. IT REPRESENTS A UNIQUE OPPORTUNITY FOR PARENTS TO HONOR EVERY MINUTE OF THEIR CHILDREN'S LIVES.

BETH O'MALLEY, ADULT ADOPTEE

Presenter Information

Your presenter will be Power of Story Founder and Executive Director Alisa Matheson.

She combines her lived experiences as a foster and then adoptive mom, child welfare worker, and parent trainer, along with the formal training she received while earning her Bachelor of Arts degree in Marriage and Family Counseling and Advanced Certificate in Therapeutic Lifestory Work.

As a foster mom, Alisa completed over 30 lifebooks, and found that being curious about their past, as well as sharing memories and photos with children she cared for has not taken away from the private parenting moments, but in fact increased the connection with children and their parents.

And a child welfare worker, she has personally completed over 80 Social and Medical Histories and has found that lifebooks and social medical histories are the MOST important "paperwork" that could ever be completed by a child protection or permanency worker.

Come be empowered to bring these powerful items to the youth YOU care about.

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